## Shaving Tips

| THINGS TODO | THINGS TO AVOID |
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| - DO change your clipper or T-edger blades every 6 months and don't share yours with anyone. <br> - DO use a single edge, disposable razor with our Ultra Gentle Cleanser as directed, or a sanitized non-rotary electric shaver, T-edger or clippers. L-Mandelic Wash or Acne Wash can be used as well. <br> - DO watch for barbershop sanitation (or lack of it). | - DON'T use disposable blades more than once or twice. Soak in alcohol for 2-3 minutes before use. <br> - DON'T attempt to use twin or triple blade "closer shaving" razors. The first blade stretches the skin; the second (and third) shaves too close, cutting hair off below the skin line. When the skin bounces back, those hairs are set up to be trapped repeatedly under the skin every time you shave. <br> - DON'T tweeze ingrown hairs. When tweezed hairs grow back (in 2-3 weeks), they are trapped under the skin line. Those areas become chronic ingrown. <br> - DON'T use a rotary shaver. Circular blade motion cuts the hair in every imaginable direction which can cause more ingrown hairs. <br> - DON'T shave upward, against the grain, or shave back and forth over the same place repeatedly in an attempt to get a closer shave. <br> - DON'T forget to spray disinfectant on razors, clipper and/or T-edger blades, guards and attachments before and after shaving. Clippercide is available at beauty supply stores, or you can use rubbing alcohol. <br> - DON'T wipe off sweat; blot dry instead. |

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